



DEPARTMENT OF
EDUCATION
learners first



8th May 2018

2018 Dates to Remember

May

- 11 Mothers Day Stall
- 11 Assembly: Announcers 2/3SM
Work to show: 5/6T and K/PE
- 11 Last day for book club
- 14-18 Parent Teacher Conversations
- 18 National Walk Safe to school day
- 18 P/IS and 5/6T excursion
- 22 Years 3-6 Cross Country
- 23 National Simultaneous Story time
- 24 **School Photos**
- 25 Assembly: Announcers 2/3M
Work to show: 2/3SM and K Lewis

June

- 8 Assembly: Announcers 3/4S
Work to show: 3/4C and P/IT
- 12 Div A Cross Country Carnival
- 22 Assembly: Announcers 3/4C
Work to show: 2/3M and 3/4S
- 26 All State Cross Country (Symmons Plains)
- 27 Whole school performance "Buddies"

July

- 2-6 Growing Up Program
- 6 Assembly: Announcers 5/6T
Work to show: P/IS and 5/6B

Dear Families,

Enhancing Wellbeing

Last week teachers from Goulburn Street, Lindisfarne North, Cambridge and Albuera Street Primary Schools held a combined staff meeting continuing our learning and commitment with Visible Wellbeing. It was an opportunity for teachers to share examples of how they are embedding the framework and processes of Visible Wellbeing into their practice, along with helpful ideas and resources to support teaching and learning in this area.

The afternoon enabled us to reflect on the learning we have undertaken together with Professor Waters. We recognise that wellbeing goes beyond feeling good and includes having a sense of purpose, being able to function well and to act in ways that support others. We understand that a focus on making wellbeing visible is relevant for children and adults. We are learning how wellbeing is influenced by our capacity to interact with others, to manage our emotions, to cope with challenges, to pay attention and show awareness, to use and develop our strengths and to create habits that help us achieve goals. The combined meeting was a chance to acknowledge and celebrate the positive changes happening in our school communities that are reinforced through the Visible Wellbeing approach.

Recognising that the enhancement of wellbeing promotes positive experiences, including academic success, physical health, social interactions, the ability to bounce back and to contribute productively to society; 'wellbeing' has been identified as a goal in the new Department Of Education Strategic Plan. As wellbeing sits inside us it can be hard to measure. The DoE is investigating suitable measuring tools to help inform schools and to guide practices and policies. The Visible Wellbeing partnership schools are supporting this by trialling the 'Wellbeing Profiler', from the University of Melbourne. Parents/carers of students in Years 5 & 6 will soon receive further information about this optional online wellbeing survey.

Kindergarten Enrolments 2019

We are now taking enrolments for children who will begin Kindergarten next year. Children will need to be four years of age by January 1st 2019 to be eligible to start next year. Enrolment forms and information about the school catchment area can be found on the school website:

<https://goulburnstreetprimary.education.tas.edu.au/>

If you're child has a younger sibling you may collect an enrolment form from the office. You may also have a family member or neighbour living in the school area, please encourage them to start the enrolment process.

*Assembly on Friday will be a chance for us to come together,
Gay*

COMING HOME TODAY - AEDC (Australian Early Development Census) information letter for parents of Prep only.

REMINDER - School Photo's—thank you to those who have already returned their order forms. If you haven't please return before May 23rd.

MOTHERS DAY STALL

This Friday we will hold our Mother's Day Stall. The stall will be held at recess time for children who have donated a gift. Stall items will be \$2.00 and help to make mum feel extra special. If you have any small items to donate to our stall, please send them along to the office as soon as possible. Thank you to those who have donated items, there is still time if you wish to participate.



Goulburn Street Primary School
Forest Road, West Hobart 7000
goulburn.street.primary@education.tas.gov.au

Principal: Gay Cumming
Phone: 6234 1884 Email:

Parent/Teacher Conversations – Week 3 of Term 2—Conversations between parents/carers and teachers are an important element in supporting children at school as well as being part of the reporting process. Parent/Teacher Conversations will take place in the week beginning Monday 14th May.

The **online booking system** enables parents/carers to book times through the website <http://www.schoolinterviews.com.au> by entering the code **sw8cs**. If you require assistance or access to the online system please contact the school office.

State Primary Schools Athletics Carnival

We wish Kaitlyn Fox, Monique Schnitzer and Alan Morley the best of luck for this Friday 11th May, when they head to Launceston for the State Primary Schools Athletics Carnival. Kaitlyn will participate in the year 4 girls 800m, Alan will be in the year 4 boys 100m and relay reserve, whilst Monique will be competing in the year 6 girls 100m, 400m, open long jump and the 4X100m relay team.



Walk Safely to School Day

Friday 18th May



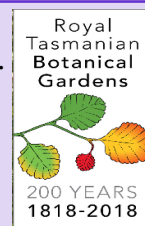
Walk Safely to School Day (WSTSD) is an annual, national event when all Primary School children throughout Australia will be encouraged to walk and commute safely to school. It is a Community Event seeking to promote Road Safety, Health, Public Transport and the Environment.

The objectives of WSTSD are:

- To encourage parents and carers to walk to school with primary school age children and reinforce safe pedestrian behavior.
- To promote the health benefits of walking and help create regular walking habits at an early age.
- To ensure that children up to 10 years old hold an adult's hand when crossing the road.
- To help children develop the vital road-crossing skills they will need as they become mature pedestrians.
- To reduce the car dependency habits that are being created at an early age and which will be difficult to change as children become adults.
- To promote the use of Public Transport.
- To reduce the level of air pollution created by motor vehicles.
- To reduce the level of traffic congestion.

We hope the GSPS Community will support this event and leave the car at home, or stop and park the car further away from school and walk the remainder of the way. The WSTSD is our Move Well Eat Well term two *Stride and Ride* event. To congratulate those who walk on Friday there will be a WSTSD sticker on arrival at school. We will also do a Hands Up count to record who has chosen active transport on that day.

5/6Tymms and P/I Strohfeld Excursion—As part of the Royal Tasmanian Botanical Gardens 200th celebration, 5/6T and buddy class P/IS are planning a trip to visit on Friday the 18th of May. Students will travel to the gardens by bus leaving Goulburn Street at 9.30am and returning to school by lunch time. Students will need to wear full school uniform, bring appropriate clothing for the weather conditions (coat, hat etc) as well as some morning tea and a drink. Parent help would be appreciated so if you are available please contact Mrs Tymms or Mrs Strohfeld. Thank you



DEPARTMENT OF EDUCATION



ASPIRATION • GROWTH • COURAGE • RESPECT

Australian Maths Competition

Students in Years 3-6 have the opportunity to participate in the Australian Maths Competition again this year. Students are asked to solve thirty problems in 60 minutes. The problems get progressively more difficult with students of all standards finding a point of challenge.

The competition date is *Thursday 9th August* when participating students will attempt the same tasks, on the same day in about 40 countries. Goulburn Street students will sit the paper in a room together.

The aims of the Competition are three-fold:

1. To highlight the importance of mathematics as a curriculum subject
2. To give students an opportunity to discover talent in mathematics
3. To provide resources for the classroom and general discussion

The cost is \$6.50 per student to register.

If you are in Year 3-6 and are interested, please fill out the form below and return to the office by May 25th.

Mrs J Sullivan
Program Manager

✂ -----

I give permission for to participate in the Australian Maths Competition.

Enclosed is \$6.50

Signed: Date. / / 2018.

I 2 3 Magic – Parent Workshops

The School Association is investigating the possibility of co-sponsoring the popular **I 2 3 Magic** workshops for parents. The sessions are interactive and enlightening with two experienced facilitators providing valuable information and key strategies which support adults to recognise and manage different behaviours. This year the sessions will be held over two consecutive weeks, **Wednesday 30th May and Wednesday 6th June, from 6:00-9:00pm.**

Those who have participated in previous years have found the sessions to be extremely valuable as well as a chance to connect with others. We realise this is a big commitment by parents and it is also a significant cost to the school and School Association so we ask that those keen to participate complete and return the expression of interest form below by Friday 11th May.

✂ -----

I 2 3 Magic – Parent Workshops – Expression of Interest

I hereby register my interest in attending the **I 2 3 Magic Parent Workshops** on Wednesday 30th May and 6th June, from 6:00-9:00pm.

In registering my interest I agree to pay \$10.00 for my personal copy of the course booklet, which will be distributed at the first session.

Signed: Date. / / 2018.

'123 Magic & Emotion® Coaching'

a practical course for parents and carers of 2-12 year olds

Over two evenings this six hour Parenting**Plus** course will help you develop some very important understandings and useful skills that can be implemented immediately:

- how to sort behaviour
- how to manage challenging and testing behaviours
- how to strengthen your relationship with your child
- how empathy can be used to develop your child's emotional intelligence
- choosing your strategy, the three choices.

Course dates: Wednesdays 30 May and 6 June
6pm - 9pm

Venue: Goulburn Street PS Staff Room

Cost: \$10 for 1 2 3 Magic and Emotion Coaching Workbook

To enrol: Register and pay for workbook at the school office or phone 62341884

ABOUT THE PRESENTERS

Gai Bath and Maxine Lowry have presented this course to over a thousand parents. Both are trained teachers and counsellors, with considerable experience and expertise as course facilitators!

Gai currently works as a counsellor at a local primary school. Maxine is a registered celebrant with experience as a master trainer for 'Parentshop', training other practitioners in the delivery of parenting courses in Queensland, NSW, Victoria and Tasmania.

Both are passionate about helping parents with this most important role, and guarantee that you **WILL** leave the training with important new insights into your children's behaviour and respectful management strategies.

What Parents Have Said About The Course

'very worthwhile'.....'not long enough'..... 'excellent and knowledgeable presenters'..... 'every parent should do this course'..... 'so much great information'.....
'You gave us the framework and the skills to be parents more confidently, and it's made a huge difference to the way we approach conflict. Our family life is much calmer now...mostly!!' 'You delivered the course with genuine insight and empathy, and with humour',..... 'I plead you never stop delivering the training, the next generation need to have these skills to succeed' 'It changed our lives!'

Sponsored by Goulburn Street School Association and the school

www.parentingplus.net.au